

LEARNING TO EAT

Day
1



TETRAPOD

GARDEN OF EDEN RIDDLES
I dress my friend,
Whose name is Tree,
When my colors change
You may rake me.



Tree of Life Activity

Read Genesis 1 to see how God Created all the Foods we eat. Draw on this tree some of your favorite foods that grow on trees. Add some of your favorite animals that live in trees.

Record in your journal your favorite thing you did, or saw, or ate today. Write down someone you would like to pray for.



Children around the world



Children of Brazil

Brazil is a country in South America. Many of the children have to go to work to help support the family instead of going to school. Many missionaries are helping to reach out to these children. Pray for the children and the missionaries and take time to thank God for your home and school.

FASTING

FACTS: DID YOU KNOW THAT BREAKFAST MEANS BREAKING THE FAST? AFTER A NIGHT OF SLEEPING (AND NOT EATING) FOR 8-10 HOURS THE FIRST THING YOU DO IS EAT! THAT IS WHY BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY--SO START YOUR DAY OFF RIGHT --WITH A HEALTHY MEAL!