

When was the last time you were really afraid; maybe from a movie, or the dark, or even a bug or spider? You try to be still and calm, but inside you really just want to run away! When we are shaking with fear, God's word tells us over and over, "Do not be afraid." God tells us we can stand strong and firm because He is our protection and will save us... all we have to do is ask Him to and trust that He will because He loves us. Stand firm in Him today!

But the children of Israel had walked on dry land in the midst of the sea, and the waters were a wall to them on their right hand and on their left. So the LORD saved Israel that day... so the people feared the LORD, and believed the LORD and His servant Moses. Exodus 14:29-31

Firm Foundation

Day 14

Children around the world



Children of Ethiopia

Ethiopia is a country located on the Horn of Africa close to the Red Sea. Ethiopia is one of the poorest countries in the world. Many Ethiopians eat a dish called "Shorba" which is a soup made from potatoes, peas, and lentils along with "dabo", a bread eaten with the "Shorba". Ethiopia is also the second oldest country to accept Christianity, but about 1/2 the people there practice Islam. Pray that God will give strength to the Christians there to stand firm and share without fear the love of the true Savior, Jesus Christ.

Sea Bags Craft:

Materials:
Cornstarch
Water
Blue food coloring
Cooking oil
Clear packing tape
1/4 c. measuring cup
Quart-sized heavy-duty resealable freezer bag.

Directions:
Place into bag:

1/4 c. cornstarch
1/4 c. water
2 drops blue food coloring

Remove excess air from bag, reseal, and knead gently until mixed well.

:: Open bag and add 1/4 c. cooking oil. Reseal removing excess air and knead again until mixed well.

:: Fold top edge of bag and tape edge to prevent leaking.

:: Lay bag flat on table/floor and run fingers across center to part the mixture, demonstrating the parting of the Red Sea.

Jesus said the wise man builds his house on the rock. Use your favorite colors to decorate the house on the rock below.



Record in your journal your favorite thing you did, or saw, or ate today. Write down someone you would like to pray for.

