



AT THE TABLE OF THE KING

A MEAL-BY-MEAL DEVOTIONAL
JOURNAL ON PRAYER AND FASTING

BY TRACI A. ALEXANDER

THE TRUMPET AND TORCH WEBSITE
IS BUILT AROUND THIS 40-DAY
MEAL-BY-MEAL DEVOTIONAL JOURNAL

WRITTEN FROM THE PERSONAL
40-DAY JOURNEY OF THE AUTHOR
THIS JOURNAL EXPRESSES
THE IMPORTANCE OF SPENDING
QUIET TIME WITH THE LORD
ON A MOMENT BY MOMENT
BASIS THROUGHOUT THE DAY.

THROUGH THE PROCESS OF 40 DAYS
THIS DEVOTIONAL GUIDE LEADS
THE BELIEVER INTO A DISCIPLINED
LIFESTYLE OF DEPENDENCE UPON
THE LORD AND EXPERIENCING
FIRST-HAND HIS SUSTAINING
POWER IN THEIR DAILY WALK.

" 'Not by might nor by power,
but by my Spirit,'
says the Lord Almighty."
Zechariah 4:6

MISSION STATEMENT:

Trumpet and Torch Ministries exists to encourage individual believers to discover a more intimate and abiding relationship with Jesus Christ through feasting on the Word of God and prayer; to equip believers with a practical guide to experience a period of consecration and full surrender to the Lordship of Christ Jesus through confession and repentance; to exhort believers to embrace the life of full devotion, faithfulness, and obedience our Heavenly Father expects from His children; and to establish in believers the desire to exemplify the Holiness of God in their daily walk and fulfill the original intent for His Church to be a source of salt and light in this lost and fallen world.

TWO VISIONS OF TRUMPET & TORCH:

1. UNITY IN THE CHURCH
2. SPIRITUAL REVIVAL & RESTORATION

(Read more About Us at www.trumpetandtorch.org)

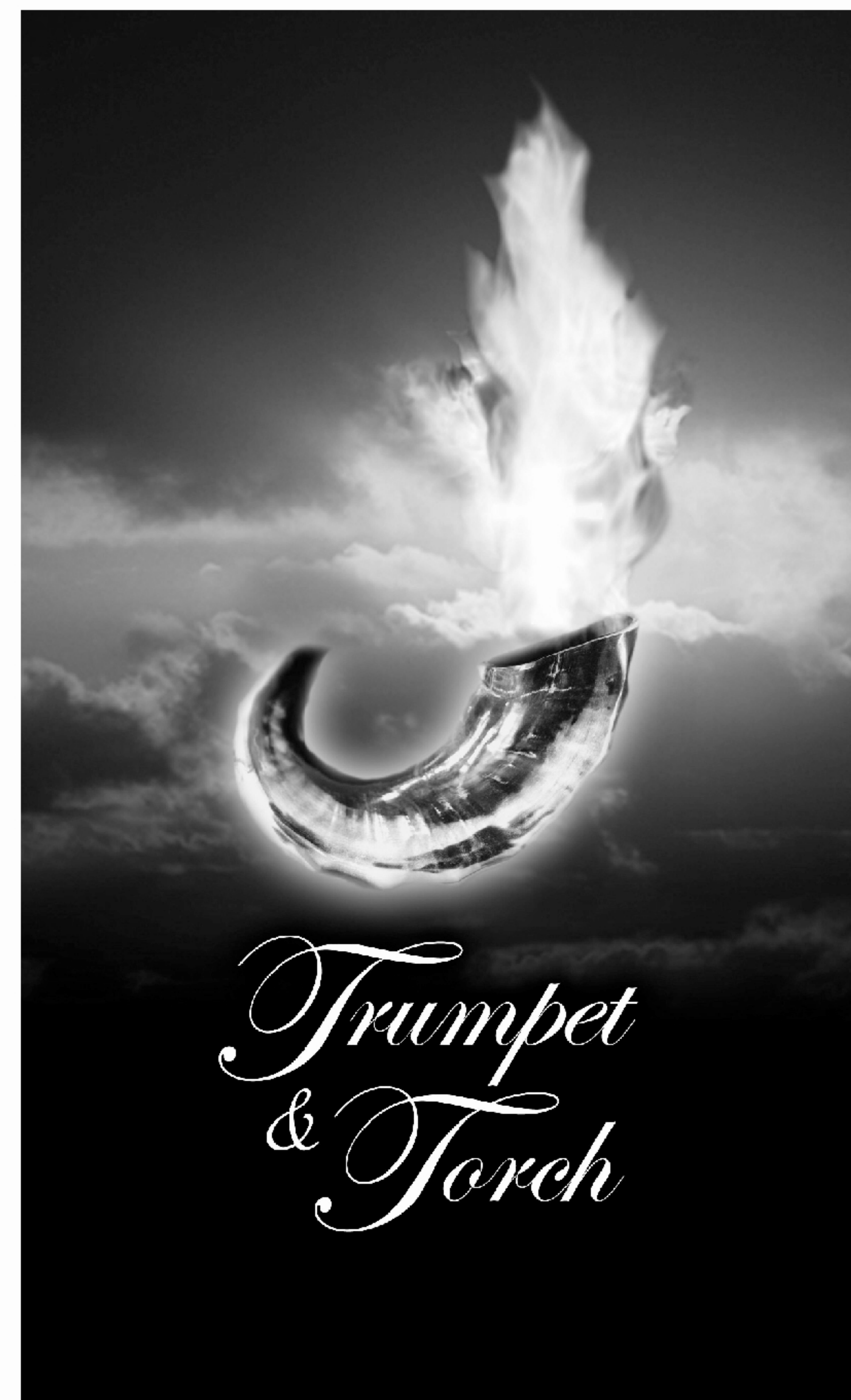
"These people come near to me with their mouth and honor me
with their lips, but their hearts are far from me.
Their worship of me is made up only of rules taught by men.
Therefore, once more I will astound these people
with wonder upon wonder,
the wisdom of the wise will perish
and the intelligence of the intelligent will vanish."
Isaiah 29:14



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*Setting the World on Fire for Christ -
One Heart at a Time!*





THE TEMPLE SIDE:

The central focus of the website is the private Temple where individual users can sit before the Lord and dine at His table. Each day the registered user logs-in (registration is free), with their own personal ID and Password, and selects the current Week and Day to feast on three meals with the Lord.

Each Meal consists of a Daily Bread Scriptural reading, an excerpt from the author's personal fasting journal, and a daily devotional entry to guide the believer to dig deeper into the Word. At the end of each meal is an opportunity to journal thoughts, prayers, and personal conversations with the Lord.

When the journey is completed this personal journal becomes a written testimony of God's transforming power and His faithfulness as sustainer in the life of the believer during this time of personal consecration.



"One thing I ask of the LORD, this is what I seek:
that I may dwell in the house of the LORD all the days of my life,
to gaze upon the beauty of the LORD
and to seek Him in His temple."
Psalm 27:4

DEVOTIONAL MENU:

The Devotional Menu consists of six weeks of meals that span a 40-day time period. Each of the six weeks includes an Introduction to prepare the user for what to expect in the week ahead. The 7 days of meals for each week include a devotional for breakfast, lunch, and dinner.

Example: Week 1 Introduction: HOLD FAST
Day 1 Devotional: LEARNING TO EAT

WEBSITE TOOLS:

FAQ

Located on the main menu of the Home Page of the website, this FAQ section offers the user a list of helpful answers to frequently asked questions regarding fasting. This section includes directions on preparing for your fast, the types of fasts, the Biblical examples of fasting, and additional resources to help you during your fast.

FAMILY TIME

The Family Time page is also listed on the main menu of the website. This page offers helpful tools to encourage families to "fast" together. Under Meal Planning we've included further information on the Daniel-fast (a healthy way for your family to eat), recipes to prepare healthy meals and drinks, guidelines for the liquid-only fast, and a wonderful testimony from a cancer survivor who sought the Lord in fasting.

The Family Time page also includes **PRINTABLE PLACEMATS** to download and print out for younger children. These placemats provide the same devotional "meals" the parents are enjoying - designed in a fun and creative format for younger members of the family to begin to learn the discipline of "fasting" and "feasting" on the Word of God.

MEDIA & PRESS

The Media & Press section, located on the main menu of the home page, includes important VIDEOS that share the vision of Trumpet and Torch and a timely and urgent message given from the LORD. We encourage you to watch the VISION.

Our MEDIA MATERIALS section includes a free PDF of the devotional used on the Temple side of the website. In addition, we've included our website logo, banners, and ads in HTML format for use on websites and blogs.

Each week we send our registered users an email newsletter to encourage them in their personal journey with the LORD. The weekly email is included under the NEWSLETTER Update in the media section.

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"Here I am! I stand at the door and knock.
If anyone hears my voice and opens the door,
I will come in and eat with him, and he with me."
Revelation 3:20

AN INVITATION TO DINE

The Lord's greatest command is to "Love the Lord your God with all your heart and with all your soul and with all your mind" (Matthew 22:37).

Yet, some believers have found themselves walking a path that is less than holy and filled with so much distraction that spending intimate time with the Lord is no longer an attainable priority.

The Trumpet and Torch website was inspired by God to offer believers a practical tool and guide to lead believers into a 40-day period of personal consecration. Through daily spending time with the Lord in prayer and dining on the Word of God three times a day, the individual believer can begin to develop the life of full devotion the Lord expects of His children.

The Trumpet and Torch website encourages believers to experience the discipline of "fasting" in the accordance to the type of fast the Lord desires of His children as outlined in Isaiah 58. While offering up our food to the Lord increases our dependence on Him and heightens our sensitivity to His voice; we have found that by first "feasting" on the Word of God and allowing Him to feed us provides the clarity of vision and the strength necessary to offer up those things in our lives that are keeping us from spending intimate time with the Lord and learning to abide more fully in Him.